



## A Post Graduate Year of Study 2023-2024

### **Description**

This year of study is designed for those who desire additional training and support in the ministry of spiritual direction. As with our two-year certificate program, this course is divided equally between emphasis on and engagement with our own personal spiritual formation as well as continuing to grow in the knowledge and skills of spiritual direction.

### **Requirements**

- Completion of a recognized two-year spiritual direction program
- Actively involved with offering direction to others

### **Modules**

- Module 1: Our Ongoing Story: Narrative Work
- Module 2: Soul Making: How Our Lives are Formed
- Module 3: Desire: Our Bus Ticket Home
- Module 4: Contemplative Prayer: The Silence that Transforms
- Module 5: Desert Spirituality: The Triple Way