

Student Agreements

Here's an overview of what you'll need to complete in order to receive a certificate. Box contains a checklist you can use to chart your progress.

Receive Spiritual Direction

(5 sessions minimum). You meet monthly with your regular spiritual director during Year 2. This is suspended during the 18th Annotation when you meet regularly with a director to whom you and others in your cohort are assigned.

Offer Spiritual Direction

(10 sessions minimum). The generally recognized U.S. standard for spiritual direction formation requires you to have 20 sessions under your belt over *two years of training*. This, however, is a *minimum* requirement. If you met the 10-session requirement of Year 1, you need 10 additional sessions for Year 2. With 2-3 directees per month in Year 2, our students typically exceed this.

Receive Supervision

(6 sessions minimum). The goal is 10 supervised sessions over the course of Yrs 1-2. You likely had 3-4 supervision sessions in Year 1 (via debriefing of recordings and supervision during the last two modules). In Yr 2 you'll have 6-7 additional opportunities to be supervised. Most of these (4-5) happen in group supervision (Modules 1-5); the others happen in one-on-one meetings with the teacher (or supervisor) outside cohort time. You'll use the *Contemplative Reflection Form + Dialogue Form* to help you prepare for these sessions. (forms in Box)

Complete the 18th Annotation

(Standard Option) You'll begin the 18 Annotation in either the Fall or the Spring. Your teacher will let you know your cohort's schedule. Your cohort will be divided into smaller subgroups and you'll be assigned an Ignatian director. The director will host a 1-hr weekly online meeting with your group. The monthly cost for meeting with the Ignatian director is comparable to that of a "normal" director (\$60-80 per month).

Complete the 19th Annotation

(Special Consideration) You may feel very drawn to do the 19th annotation (9 months). In this case you would meet *weekly*, with your Ignatian director and start during the very first month. If this is something you want to pursue, *first*: 1) get a green light from your teacher, and 2) get a "yes" from your Ignatian director (who has discerned a spiritual readiness). Keep in mind that you can always do the 19th Annotation later. We just want to make sure you're spiritually ready, sufficiently motivated, have adequate margin, and can afford it. (The cost is \$143 per month.)

Complete the Core Reading / Reflections

(Six). You agree to upload a 1-2 page reflection on each required book (As a repeat book, *The Critical Journey* is an exception.) The teacher / facilitator determines the schedule for submissions.

Complete Summary Reflections

(Four). As in Year 1, upload a 2-page *maximum Summary Reflection* prior to Modules 2-5. Reflect on your experience of receiving direction (or supervision), offering direction, and going through the Ignatian Exercises. Additionally you can comment on life circumstances and share questions that might be fodder for the upcoming Module intensive.

Attend All Module Intensives

(Five). The face-to-face modules are critical. In the event of sickness or emergencies, form a plan with your teacher for making up missed work. You can do some through additional supervision and 1-on-1 time with another teacher in our organization. (There may be an extra cost for this, especially if you meet online with another one of our expert facilitators to cover material you've missed.)

Timely Payment

If you didn't pay the full balance up front but chose instead to spread out your tuition payments, please stay on top of it. It's a matter of personal integrity to make timely (i.e., monthly) payments. Keep in mind that *if you fail to pay for a month or more, then your teacher doesn't get paid*. As we're sure you can appreciate, we want our teachers to teach, not be bill collectors. Thanks for your attention to this.

Year at a Glance

School of Spiritual Direction - Year 2 | SSD

MODULE 1 Kingdom of God & Formation

Theological Focus

The kingdom of God, spiritual formation and spiritual direction

Formational Focus:

Experiencing the Triune God; adopting a 3-month spiritual practice

Skill Development:

Listening to stories, developing selective attention

Practices / Exercises:

Group supervision; others TBD

MODULE 2 Image of God & Humankind

Theological Focus

The image of God & humankind; human flourishing

Formational Focus:

Explore espoused vs. operant images of God; God's hidden, manifest glory in ourselves and others

Skill Development:

Stories, applying selective attention

Practices / Exercises:

Image of God, Image of Humankind, Visio Divina, Group supervision

MODULE 3 Discernment & The Spirit

Theological Focus

Biblical discernment

Formational Focus:

18th Annotation of Ignatian Exer.

Skill Development:

Learning various modes of discernment; applying in direction

Practices / Exercises:

Group supervision; others TBD

MODULE 4 Self-Awareness & Desire

Theological Focus

Knowing Self, Knowing God

Formational Focus:

18th Annotation of Ignatian Exer.

Skill Development:

Probing for desire, liturgical awareness, using Enneagram in direction

Practices / Exercises:

Group supervision; others TBD

MODULE 5 Theosis: The Journey of Love

Theological Focus

Theosis

Formational Focus:

18th Annotation of Ignatian Exer.

Skill Development:

Refining the practice of direction in various faith stages

Practices / Exercises:

Group supervision; others TBD

1-